



Declare Your Legacy

ABOUT THIS WORKSHOP:

How do we build a life focused on significance rather than success? One way is to build goals around the legacy we each want to leave behind. Goals that go far beyond our careers and work to focus more on the impact we want to have on the world.

This (1 - 2 hour) workshop is meant to motivate and inspire attendees to reflect on what they believe, what they value, what brings them joy, and how they want to leave the world. Through intentionally guided discussions - each participant will leave the workshop with their own written personal manifesto to use as a life-long guide towards accomplishing their goals.

OBJECTIVES:

- Join in judgment-free discussions around legacy, goals, and intentional actions.
- Go through a self-reflection activity diving into beliefs, values, passions, and goals.
- Participate in a small group activity where each attendee selects words she hopes people will use to describe her personally or professionally.
- Create a personal or professional manifesto to be used as a personal commitment by each attendee along with an action plan