

ABOUT THIS WORKSHOP:

For many of us, it's easy to help our friends and family see the value and superpowers within themselves - but we struggle sometimes to see our own skills and abilities. The fact is, our strength and resilience is tested on a daily basis. We are ALL superheroes!

This (1 - 2 hour) workshop will give attendees the opportunity to listen, learn, and interact with other women in a roundtable discussion about why certain leadership qualities are underappreciated, how our unique skills are superpowers, and why it's important to know our value!

OBJECTIVES:

- Learn how the pandemic brought to light the need for both masculine and feminine leadership traits in organizations, governments, and homes.
- Understand the differences between masculine and feminine traits, how each attendee matches to those traits, and why we need a balance of both.
- Identify the superpowers each attendee possesses and create their own superhero character based on those strengths.
- (2-hour workshop) Collaborate in small groups to create a superhero inspired by women in the group and their heroes.